

It is All in Your HEAD

Depression

Mood/Emotion Swings

Sexual Dysfunction

Anger/Rage

Anxiety

Headaches

Loss of Sleep

Unexpected body hair

Changes in appearance

Eating Disorders

- Anorexia

- Obesity

- Bulimia

- Weight Gain

Lethargy

Weakness in Limbs

High Blood Pressure

*Does this
sound like
you* ?



1ST CALIFORNIA HORMONAL & PITUITARY HEALTH SYMPOSIUM

An Update for Patients, Family Members and the Public on Common Hormonal Disorders

Presented by:

Neuroscience Institute & Brain Tumor
Center at Saint John's Health Center

John Wayne Cancer Institute

The Pituitary Network Association

TAX ID # 33-0530465

Save the Date!

Saturday, October 2, 2010

**Ritz-Carlton Hotel
Marina Del Rey, CA**

Conference costs: \$75.00
(includes Breakfast and Lunch)

Go to www.pituitary.org/events for agenda, upcoming registration and special Gala Dinner details.

8:00 a.m. Registration / Coffee / Continental Breakfast

9:00 a.m. Opening Remarks: Robert Knutzen & Daniel Kelly

Pituitary and Hormonal Health Problems: Epidemiology & Impact

9:05 a.m. Daniel Kelly, MD: Anatomy & imaging of the pituitary gland in sickness & in health

9:30 a.m. Ronald Swerdloff, MD: Hormonal symptoms of pituitary tumors & pituitary failure

10:00 a.m. Pejman Cohan, MD: Management of hormonally active pituitary adenomas: treatment strategies for acromegaly, Cushing's disease and prolactinomas

10:35 a.m. Break

Current Multimodality Treatment for Pituitary Tumors:

11:00 a.m. Daniel Kelly & Amin Kassam: Endonasal pituitary surgery – what's possible (and not) in 2010

11:30 a.m. Paul Song, MD: Radiosurgery & radiotherapy (SRS & SRT) for pituitary tumors

12:00 p.m. Lunch & Keynote Address

12:15 p.m. Edward Laws, MD: Pituitary tumors – how common & how many are we missing? Strategies for better screening and detection

Restoring pituitary hormonal health:

1:15 p.m. Phillip Barnett, MD, PhD: Battling pituitary failure, metabolic syndrome and obesity

1:40 p.m. Linda Rio: The psychosocial impact of pituitary tumors – diagnosis and treatment options

2:05 p.m. Break

Navigating the system:

2:30 p.m. Sharmyn McGraw: Being your own patient advocate – lessons learned over a decade

2:55 p.m. Katie Kerr & Amy Eisenberg, NP: Navigating the insurance maze & finding the right pituitary specialist

3:20 - 5:00 p.m.

Round table discussions – meet the experts:

Acromegaly – Katznelson

Cushing's disease – Cohan

Prolactinoma – Wang/Swerdloff

Hormone replacement therapy – Barnett & Wang

Endonasal surgery – Kelly, Kassam, Laws

Radiosurgery & Radiotherapy – Song

Patient advocacy & psychosocial issues– Knutzen, McGraw, Rio

Insurance issues – Kerr

6:00 - 9:00 p.m. Cocktails & Gala Dinner featuring a special award ceremony honoring **Nobel Laureate, Dr. Roger Guillemin** which will be presented by **Olympic Gold Medal Skater, Scott Hamilton**.